

Healthcare options in Bendigo

In times of high demand where waiting times in the ED are long, patients may choose to seek consultations / health advice from alternative providers.

SERVICE

TYPE OF SERVICE AND COST

HOURS & CONTACT



For newborns up to 15 year olds.

Provides phone or video consultation with Australian qualified paediatric emergency medicine specialist doctors. No referral needed.

“We’ll grab a few basic details, then text you a link to a secure consult with one of our doctors, where you can chat, share photos and jump onto a call via voice or video.”

From there, it’s like visiting a doctor in person. They’ll ask you questions, discuss your concerns, and come up with a plan that works for you. After your consult you can still chat with us, and we’ll check back with you to make sure everything is going OK.

Pricing \$179 per evening (\$45-\$75 with a GP referral). CubCare charge by the evening, rather than for pre-defined appointment slots, so you feel comfortable and supported all evening. This includes as many consults as you like with an expert emergency children’s doctor and any necessary scripts, referrals and pathology requests.

www.cubcare.com.au

7 days a week
4pm -10pm

For general enquiries call
1800 312 611



For newborns up to 17 year olds.

KidsDocOnCall is an on-demand urgent care telehealth service provided by senior children’s specialists, active in emergency and acute care across Australia. The specialists can treat all non-life-threatening injuries and illnesses. No referral needed. Use any device that supports video calls: computer, tablet or smartphone.

Pricing: (subscription fee is per family)

| Benefits Include | Subscribers | All Members |
|-----------------------------|----------------|-----------------|
| Annual Fee | \$350 annually | No subscription |
| Day Time Consultation Fee | \$80 | \$180 |
| Night Time Consultation Fee | \$150 | \$250 |
| Consults Within | 60 minutes | 120 minutes |

Medicare rebates are available for all calls between 11pm and 7am, and for children under 12 months of age. Please note Medicare rebates are subject to change and gap payments may still exist.

Consult services also include free follow up consult within 24 hours if medically indicated, specialist referrals, prescriptions sent to your local pharmacy, consultation summaries to you and your GP, x-ray requests and pathology requests.

www.kidsdoconcall.com.au



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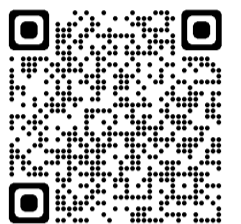


A telephone based screening service that provides 24 hour, 7 day a week access to mental health services across the Loddon Campaspe Southern Mallee region.

If you are concerned that you need a Mental Health Assessment, please contact Triage before attending the Emergency Department.

Our website has information about the service and what you can expect:
bendigohealth.org.au/MentalHealthRegionalTriage/

1300 363 788



Mental Health Regional Triage Service



Corner View & Barnard
Streets, Bendigo

24 hour "Supercare" pharmacy offering a free evening Supercare Nursing Service (available 6pm-10pm).

The Supercare Nursing Service is a government funded service providing triage, assessment, treatment and/or referral on to a GP, emergency department or other healthcare provider for ongoing care. Services includes wound care, blood pressure checks, treatment of minor strains and sprains, rashes and minor burns, coughs, colds, vomiting, diarrhoea, removal of sutures or staples (with instructions from a doctor), injections (with prescription), immunisations under the NIP schedule and general healthcare advice.

<https://www.bendigoufs.com.au/view-street/>

Pharmacy 24/7

Nursing service
6pm-10pm every day



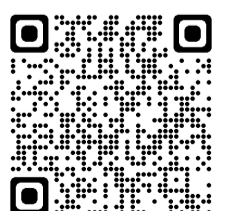
126 Spring Gully Road
Spring Gully

COVID-19 testing and face-to-face GP respiratory assessment.

The Bendigo Respiratory Clinic is one of the Australian Government GP respiratory clinics established around the country to provide COVID-19 testing and to clinically assess people with mild to moderate COVID-19 symptoms.

www.bendigorespclinic.com.au

1800 573 196
Mon-Fri
9:30am – 4pm
Closed weekends



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GP telehealth consults

Telehealth doctors' appointments available 24/7

See a telehealth doctor from the comfort of your own home

Our telehealth GP service gives you video access to Australian registered doctors at a time (business hours or after hours) & location (anywhere you have internet access) that suits you.

How our telehealth doctor appointments work

Please note that vaccine exemption certificates will not ordinarily be given through our service.
Mask exemption certificates are written in the doctors discretion.
15 minute consultations with a registered doctor.
COVID-19 Medicare rebates are no longer available.

- \$60 in business hours;
- \$90 after hours

www.doctorsondemand.com.au

24/7



Web portal which aggregates many Australian GP telehealth providers with available appointments in one website.

Speak with an Australian Qualified GP from anywhere via phone or video.
Pricing is variable depending on service and length of consult.



| | | | |
|--|--|---|---|
| <p>Prescriptions & medical certificates via Online Form</p> <p>\$15</p> | <p>8 min On-demand Appointments</p> <p>\$39</p> <p>Speak to a doctor within 15 minutes (Max 8 minute consults).</p> | <p>15 min Scheduled Appointments</p> <p>From \$52</p> <p>Appointment with your choice of doctor and time for up to 15 minutes.</p> | <p>Tele-enabled GP Practices</p> <p>Traditional GP Practices may also offer telehealth services.</p> <p>✓ Your regular GP</p> |
|--|--|---|---|

healthengine.com.au/appointments/telehealth/text/Australia/NextAvailable

24/7



Quick Prescription Service
for a repeat prescription/medication you already know
(Fee \$19.95 if not Bulk Billed)

Absence From Work Certificate
For certificates to cover more than 1 day, please book a "Telehealth GP Appt" instead
(Fee \$19.95 if not Bulk Billed)

Telehealth GP Long Consult- 25 Mins
(General Consults, Prescriptions, Absence From Work Certificate, Referral to Specialists/Allied Health, Referral for Blood Tests and X-rays)
(Strictly no Drugs of Addiction prescribed)
(No Vaccine Exemption certificate issued under this appointment type)
Fee \$97.85 (this appt type is not bulk billed)

Telehealth GP Appointment- 10 Mins
(General Consults, Prescriptions, Absence From Work Certificate, Referral to Specialists/Allied Health, Referral for Blood Tests and X-rays)
(Strictly no Drugs of Addiction prescribed)
(No Vaccine Exemption certificate issued under this appointment type)
(Fee \$40.50 if not Bulk Billed)

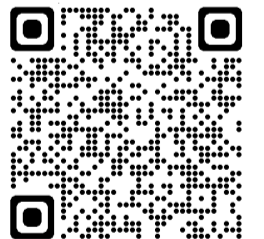
COVID-19 Vaccine Exemption Certificate
Fee \$77.25 (this appt type is not bulk billed)

Telehealth Psychologist Appointment
(50 Mins - Fee \$168 if not Bulk Billed)

Telehealth Dietitian Appointment
(60 Mins - Fee \$180 if not Bulk Billed)

www.nationaltelemedicinedoctors.com/book-an-appointment-online

24/7



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My Emergency Doctor's telemedicine service provides phone or video consultation with Australian-qualified senior emergency specialist doctors (Fellows of the Australasian College for Emergency Medicine or FACEMs).

A consultation with My Emergency Doctor may be appropriate if you are experiencing any of the following conditions for immediate care:

| | | | |
|--------------------|------------------------|--------------------------|--------------------------|
| Bronchiolitis | Abdominal Pain | Fainting | Headache |
| Flu | Fever | Rashes, bites and stings | Back pain |
| Sore Throat | Diarrhoea and Vomiting | Acute Injury | Urinary Tract Infections |
| Allergic reactions | Sports injuries | Work injuries | Head Injury/Concussion |

Pricing: Mon-Fri 8am-6pm: \$250. All other times: \$280.
www.myemergencydr.com/patients/

24/7
1800 123 633



An after-hours home doctor service (face to face) in Bendigo which provides bulk billed home visits to residents of Bendigo. Doctors working in this service are GPs, hospital doctors or locum doctors who are experienced and qualified.

Service is dependent on doctor recruitment to fill shifts and often may not be available.
www.13cure.com.au/locations/victoria/bendigo_dc-1473

Call 13CURE (132873)
 Mon-Fri 6pm-8am
 Sat from noon
 Sun & public holidays: 24 hour



Toothaches, dental swellings, broken teeth, fillings, and check ups. No referral required but you must make a booking.

Eligible Children (no cost):

- Anyone under 13 years of age, irrespective of family income
- Aged between 13-17 years with a Health Care card or Pension Card
- Aged between 2-17 years who are eligible for Child Dental Benefits Scheme
- Asylum seeker / Refugee

www.bendigohealth.org.au/childdentalregistration/

Eligible Adults 18 and over (co-payment applies):

- Must have a current Healthcare or Pension card

www.bendigohealth.org.au/adultdentalregistration/

Non-eligible patients will need to see their own dentists.

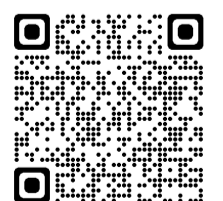
For after-hours dental appointments, ask the administration staff at triage for the list of Bendigo Dentists that offer after-hours services.

Business hours
5454 7994

Online registration:
Children



Adults



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PHYSIOTHERAPY

Sprain, strain, or uncomplicated lower back pain? See a physiotherapist.

Bendigo Physio and Sports Clinic
332 Napier Street Bendigo
5442 7500

Bendigo Primary Care Physiotherapy; Bikefit
123 Arnold Street, Bendigo
5441 8622

Central Victorian Hand Therapy
(hand in hand)
176 Barnard Street Bendigo
5442 5288

Central Victorian Sports Physiotherapy
7 Stewart Street Bendigo
5443 1255

Control Centre Health
480 Hargreaves Sreett Bendigo
5442 5017

Fusion Physiotherapy
86 Mclvor Road Bendigo
5443 5411

Golden City Physiotherapy Clinic
132 Wattle Street Bendigo
5442 1954

Human Mechanics Gym
41 Howard Street Epsom
5448 5556

Physiotherapy Centre Bendigo
59 Mclvor Road Bendigo
5442 4044

Strathdale Physio & Sports Rehab
120 Condon Street Kennington
5441 7600

St John Of God (SJOG) Physiotherapy
Ground floor of the hospital
Lily Street Bendigo
5434 3261

St Arnaud Physiotherapy Centre
6 Walker Street St. Arnaud
0438 392 027

INFORM Physio Care Bendigo
71-71 Williamson Street Bendigo
0428 575 229

Central Victorian Home Physiotherapy
www.centralvichomephysio.com.au
0400 757 849

3D Physiotherapy and Pilates
107 Sternberg Street Kennington
5406 0228

Healthy Mates
202 Hargreaves Street Bendigo
5444 1954

Strathfieldsaye Primary Health
34 Blucher Street Strathfieldsaye
5439 4442

Lee Bray Physiotherapy
176 Barnard Street Bendigo
5444 1272

Physiotherapy Jordan Lees
454 Hargreaves Street Bendigo
4400 9090

V- carephysio
24 Townsend Street Flora Hill
4411 1849